



Polk County Health Department

2026 Clinic Schedules



Pedicure Clinics will be held at the Polk County Health Department the 1st and 3rd Wednesday of every month. Please call the health department to make an appointment.

Clinics to monitor blood pressure will be held each Tuesday of the month. They will be held at the Senior Center and rotate between each town In Polk County.

January 7- 8:30 AM-11:00 AM
January 14- 1:00 PM-3:30 PM

February 4- 8:30 AM – 11:00 AM
February 18- 1:00 PM – 3:30 PM

March 4- 8:30 AM – 11:00 AM
March 18- 1:00 PM – 3:30 PM

April 1- 8:30 AM – 11:00 AM
April 15- 1:00 PM – 3:30 PM

May 6- 8:30 AM – 11:00 AM
May 20- 1:00 PM – 3:30 PM

June 3- 8:30 AM – 11:00 AM
June 17- 1:00 PM – 3:30 PM

July 1- 8:30 AM – 11:00 AM
July 15- 1:00 PM – 3:30 PM

August 5- 8:30 AM – 11:00 AM
August 19- 1:00 PM – 3:30 PM

September 2- 8:30 AM – 11:00 AM
September 16- 1:00 PM – 3:30PM

October 7- 8:30 AM – 11:00 AM
October 21- 1:00 PM – 3:30 PM

November 4- 8:30 AM – 11:00 AM
November 18- 1:00 PM – 3:30 PM

December 2- 8:30 AM – 11:00 AM
December 16- 1:00 PM – 3:30 PM

1st Tuesday- Osceola Senior Center

Shelby Senior Center- TBD

3rd Tuesday- Stromsburg Senior Center

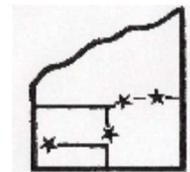
4th Tuesday- Polk Senior Center

Walk-ins are welcome any day of the week at the Polk County Health Department.

Office Hours:

Monday-Friday

8:00 AM- 4:30 PM



Polk County Health Department

309 Commercial Street

Stromsburg, NE 68666

402-747-2211