

POLK COUNTY HEALTH DEPARTMENT

2026 Immunization Clinic Schedule



Appointments must be made in advance through the Polk County Health Department
402-747-2211



| <u>January</u> | | |
|-----------------|-----------|-----------|
| WED | 14 | 3:30-5:30 |
| MON | 26 | 3:30-5:30 |
| <u>February</u> | | |
| WED | 11 | 1:30-3:30 |
| MON | 23 | 3:30-5:30 |
| <u>March</u> | | |
| WED | 11 | 3:30-5:30 |
| MON | 16 | 3:30-5:30 |
| <u>April</u> | | |
| WED | 8 | 1:30-3:30 |
| MON | 20 | 3:30-5:30 |
| <u>May</u> | | |
| WED | 13 | 3:30-5:30 |
| MON | 18 | 3:30-5:30 |
| <u>June</u> | | |
| WED | 10 | 1:30-3:30 |
| MON | 15 | 3:30-5:30 |

| <u>July</u> | | |
|------------------|----|-----------|
| WED | 8 | 3:30-5:30 |
| MON | 20 | 3:30-5:30 |
| <u>August</u> | | |
| WED | 12 | 1:30-3:30 |
| MON | 17 | 3:30-5:30 |
| <u>September</u> | | |
| WED | 9 | 3:30-5:30 |
| MON | 21 | 3:30-5:30 |
| <u>October</u> | | |
| WED | 14 | 1:30-3:30 |
| MON | 19 | 3:30-5:30 |
| <u>November</u> | | |
| WED | 11 | Holiday |
| MON | 16 | 1:30-5:30 |
| <u>December</u> | | |
| WED | 9 | 1:30-3:30 |
| MON | 21 | 3:30-5:30 |

Dates and times are subject to change. Please call to schedule an appointment.

Polk County Health Department
309 Commercial Street
P.O. Box 487
Stromsburg, NE 68666
402-747-2211
<https://polkcounty.nebraska.gov/county-offices/health-department>

Find us on



Things Parents Should Know About Immunizations

What diseases do vaccines prevent?

| | |
|--|---|
| Diphtheria | A respiratory disease that can lead to breathing problems, paralysis, heart failure, and even death. |
| Haemophilus Influenzae type B (HIB) | Causes meningitis, pneumonia, arthritis, skin, and throat infections. Meningitis is an infection of the brain and spinal cord coverings, which can lead to lasting brain damage and deafness. |
| Hepatitis A | A virus that infects the liver causing flu-like illness, jaundice, severe stomach pains, and diarrhea. |
| Hepatitis B | A virus that infects the liver can lead to cirrhosis (liver damage) and/or liver cancer. |
| Human Papillomavirus (HPV) | A virus that infects the genital area (warts) and lining of the cervix, which can cause cervical and vulva cancer in women and other types of cancer in both men and women. |
| Influenza (Flu) | A highly contagious disease caused by the influenza virus spread by coughing, sneezing, and nasal secretions. |
| Measles | A highly contagious respiratory disease with high fever, rash, and cough. Can cause, pneumonia, seizures, brain damage, ear infections, and/or deafness if severe. |
| Meningococcal Disease | A bacterial infection that can cause spinal meningitis and sepsis (blood infection). Symptoms are flu-like and can become fatal within 2 days. Teens are particularly at high risk. Complications can be deafness, loss of arms or legs, seizures or strokes, mental retardation, and problems with the nervous system. |
| Mumps | Causes fever, headache, swollen glands that may cause deafness, meningitis, or painful swelling of testicles/ovaries. |
| Pertussis | Known as “whooping cough”. Coughing is so severe that it interferes with eating, drinking, and breathing. Complications include pneumonia, convulsions, brain damage, and even death. |
| Pneumococcal Conjugate | Pneumococcal bacteria cause blood infections, pneumonia, and meningitis, mostly in young children. Symptoms included headache, lethargy, vomiting, fever, seizures, deafness, brain damage and coma. |
| Polio | Mild cases cause fever, sore throat, headaches, stomachaches, neck, and back stiffness. Severe cases lead to paralysis and death. |
| Rotavirus | An infection in the lining of the intestines causes vomiting/diarrhea. Common in young infants 6 to 24 mos. of age |
| Rubella | Also known as German measles. Causes devastating birth defects if acquired by pregnant women. |
| Tetanus | A bacterial disease causing “lockjaw” that may lead to severe muscle spasms and require intensive hospitalization. Death occurs in 2 out of every 10 cases. |
| Varicella (Chicken Pox) | Highly contagious skin rash with the potential of hundreds of lesions. Complications are rare but can lead to scarring, pneumonia, shingles (years later), brain damage, and even death. |

Why does my child need these vaccines, I have not heard of a case of polio in years?

The USA is very fortunate to have good compliance with vaccination of the population as a whole. Many of these diseases are rarely heard of in our country, however, these diseases are not “extinct” in other parts of the world, therefore the threat of outbreak would be severe if we stopped vaccinations.

Are the vaccines safe?

Serious reactions to vaccines are extremely rare but do occur. However, the risks of serious disease from not vaccinating are far greater than the risks of serious reactions to the vaccination.

Are there any side effects after a shot?

Yes, some minor side effects can occur with any vaccination. A slight fever, rash, or soreness at the injection site are the most common side effects. Some discomfort in the arm or leg of the injection site is normal and is no cause for alarm.

Where locally can I get vaccinations?

The Polk County Health Department, 309 Commercial Street, P.O. Box 487, Stromsburg, NE 68666, 402-747-2211, is currently licensed by the State of Nebraska to give immunizations.

Are vaccinations free anywhere?

The Polk County Health Department is part of the Vaccines for Children (VFC) program, funded by the federal government, which provides most vaccines free of charge to children aged 0 through 18 years. A small donation is asked of those families who can pay to cover the costs of supplies, mailings, nursing time, and other expenses that are not part of the federal grant.

Are there new requirements for school this year?

No. All 7th-grade students are required to have a Tdap vaccination. The State of Nebraska is requiring all students to have two Varicella (Chicken Pox) vaccinations or parent reports of having the disease.

Where can I get more information?

American Academy of Pediatrics www.aap.org and The Children’s Hospital of Philadelphia www.vaccine.chop.edu
Immunization Action Coalition (IAC) www.immunize.org
Centers for Disease Control and Prevention (CDC) www.cdc.gov/vaccines or 800-CDC-INFO